

Allergies (food, drug, environmental): _____

Dietary Restrictions (religious/vegetarian/vegan) _____

How often do you exercise? Type and duration? _____

Do you use any of the following?

Cigarettes: Yes ____ If yes, # times/day? ____ No ____ Vaping: Yes ____ If yes, # times/day? ____ No ____

Alcohol: Yes ____ If yes, # times/day? ____ No ____ Cannabis: Yes ____ If yes, # times/day? ____ No ____

Other drugs: Yes ____ If yes, # times/day? ____ type of drug (s)? No ____

Have you ever been exposed to toxins or hazards at home, work, or through hobbies? _____

Family Health History: Indicate below if a close relative has had any of the following:

- | | | |
|--------------------------------------|--|---|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Celiac | <input type="checkbox"/> Eye Disease |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Depression | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hypercholesterolemia |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Digestive Disorders | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Eczema | <input type="checkbox"/> Skin Disease |

Other Medical conditions _____

Indicate if any, of the following conditions you have had:

- | | | |
|--|--|---|
| <input type="checkbox"/> Abscesses | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Sexual Abuse |
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> HIV | <input type="checkbox"/> Strep Throat |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> HPV | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Herpes | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Infertility | <input type="checkbox"/> Tonsillitis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> IBS | <input type="checkbox"/> Uterine Fibroids |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Warts |
| <input type="checkbox"/> Cankers | <input type="checkbox"/> Leukemia | <input type="checkbox"/> Whooping Cough |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Low/High Blood Pressure | <input type="checkbox"/> Worms |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Lyme Disease | <input type="checkbox"/> Yeast infectio |
| <input type="checkbox"/> Chlamydia | <input type="checkbox"/> Malaria | |
| <input type="checkbox"/> Cold Sores | <input type="checkbox"/> Measles | |
| <input type="checkbox"/> Crohn's/Colitis | <input type="checkbox"/> Migraines | |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Miscarriage | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mononucleosis | |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Multiple Sclerosis | |
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Mumps | |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Parasites | |
| <input type="checkbox"/> Fibrocystic breasts | <input type="checkbox"/> Pelvic Inflammatory | |
| <input type="checkbox"/> Frequent Colds | Disease | |
| <input type="checkbox"/> Fungal Infections | <input type="checkbox"/> Pneumonia | |
| <input type="checkbox"/> Gallstones | <input type="checkbox"/> Premenstrual Syndrome | |
| <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Prostatitis | |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Rheumatic Fever | |
| <input type="checkbox"/> Hay Fever | <input type="checkbox"/> Scarlet Fever | |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sinusitis | |

Are you sexually active? ____ (Y/N) Any discomfort with intercourse? ____ (Y/N) Are you currently pregnant? ____ (Y/N)

Do you get any of the following screening tests done by another doctor:

PAP test ____ stool test ____ colonoscopy ____ mammogram ____

Past vaccinations

Adverse Reactions?

Any other conditions not mentioned or which you have not fully recovered:

What is the emotional climate of your home? _____

Is your work stressful or other parts of your life? How do you manage stress? _____

Please list the 5 most significant, stressful events in your life. Are they continuing to impact your life?

1. _____
2. _____
3. _____
4. _____
5. _____

NATUROPATHIC DECLARATION AND CONSENT TO TREATMENT

This is to acknowledge that I have been informed and understand:

1. Any treatment or advice provided to me as a patient of the clinic is not mutually exclusive from any treatment or advice that I may now be receiving or may receive in the future from another licensed health care provider.
2. I understand that Naturopathic Medicine is a comprehensive approach to health and illness and focuses on prevention and the use of natural, non-invasive methods of treatment and assessment.
3. I understand that any recommended treatments will be explained to me by the naturopathic doctor and that I will give consent to treatment based on informed consent.
4. I am at liberty to seek and/or continue medical care from a medical doctor or other qualified health care provider.
5. I am aware that no part of my treatment or testing is covered by Health PEI and that I am solely responsible for payment.
6. Payment is to be made in full at the time of my treatment. We will provide you with a receipt for submission to your insurance company when services are rendered.
7. Cancellation Policy: If you cannot make a scheduled appointment, please **call 24 hours in advance to reschedule**. Patients will be charged the full fee for a missed appointment.

I _____ have read, understood, and agree to the above statements.

Patient's Full Name (please print)

Signature: _____ Date of Consent: _____

Patient or legal guardian

Day /Month/Year